



## Activity ideas to support Learning at Home 2-5 year olds

### Early Years Service, Children's Services

#### Buckinghamshire Council

### Can you find one of these?



Are they all the same – or are the sizes and shapes different?  
Discuss words to describe the post box, such as square, rectangle, cylinder, tall, taller, short, small, curved or straight.  
What are the times of collection?  
Can your child recognise the numbers?  
Is it Monday, Tuesday, Wednesday, Thursday or Friday?  
Is there a collection at weekends? Does your child know the days of the week?  
[Days of the week rhyme](#)

### Understanding the world

What can you see on your walk today? Can you find a Post box or Bus stop? Talk to your child about what a Post box is, and why we need them.

Can you count how many interesting things you can see on your route?

Do you always see the same things or does the environment change on particular days of the week, for example rubbish collection day?



### Posting

Perhaps you could encourage your child to draw a picture or write a letter for a family member and post it.

For older children introduce vocabulary such as address, stamps, envelope, post and sorting offices.

Can they weigh a parcel using scales, create their own address, and design a new stamp?

### Making and delivering parcels

Could you pretend to be a post person; can you wrap up some pretend parcels and make some deliveries today?

#### Items needed

Boxes, brown or white paper letters, folded paper envelopes, notepad pens, sticky tape, scissors., glue.



Older children can practice their wrapping and sticking sticky tape skills. Can they write their own receipts and practice using coins to buy stamps and pretend to send the parcels? Make a price list and count the correct coins together

### Post Person

Have you ever seen your post person? Do you know what time your post arrives? Post people deliver letters and parcels to your door – do you have a letter box? How do you receive post?

Watch the following video, what job does Pat do? [CBeebies Post Man Pat](#)

You could introduce the idea of a map on your walk. Can your child draw a visual clue as to where they have been, do they walk past a post box or house on their route?

## Information for Parents/ Carers

### Communication and Language

#### You might notice that your child can:

Use simple sentences with 3-4 words to talk about what they are doing or what is happening.

Talk about what we are doing now, and what might happen later.

### Explore More



The Jolly Postman, by Janet and Allan Ahlberg. This is a great book to read about a Post person.

[The Jolly Postman](#)

### Top Tips Chatting Matters

Let children create their own routes, can they describe the environment they are in.

Encourage children to observe their local area, what do they see? What do they hear?

Did you spot any numbers along the way? Door numbers, numbers on post boxes or bus stops?

Vocabulary and increasing the number of new words you child hears every day is very important for future learning It is the perfect place to role play and they can demonstrate an understanding of the world we live in.

### Understanding the World

#### You might notice that your child can:

Be interested in the different jobs that grown-ups do, like fire fighters and doctors.

Talk about my home and the places that they know like the park, the shops and the library.

### Find out More

[Hungry Little Minds – Simple fun, activities for kids aged 0 – 5](#)

[Small Talk - ideas for Parents](#)

<https://www.bbc.co.uk/cbeebies/shows/postman-pat>

[What to expect when – Developmental Guide for Parents](#)

### Need some inspiration?

<https://www.buckscc.gov.uk/services/environment/exploring-the-countryside/walks-and-rides-route-map/>