



Nursery Home Learning Week Beginning 13th July 2020



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Area of learning	Activity 1	Activity 2	Activity 3
Personal, Social and Emotional Development	<p>Please listen to the story of "The Very Lonely Firefly" by Eric Carle https://www.youtube.com/watch?v=_XrPyF4Mpl4</p> <p>Talk about the story and how it explores the journey of a firefly to find friends. Talk about being friendly and how we can be friendly, encourage the children to look at people, smile and say hello. Building these skills will help them with their confidence when they return to school and interact with more people again.</p>	<p>Encourage your child to sit comfortably for this mindfulness exercise. Breathe in and out slowly and deeply. Ask the children to imagine they are blowing up a balloon. Count as they exhale into their imaginary balloon. Pretend to tie the balloon and let it go. Encourage them to tell you where their balloon will go on its journey, over the trees and river....</p>	<p>These are helpful links to support you with helping your child to explore feelings and emotions - https://www.bbc.co.uk/cbeebies/joinin/help-childrencope-with-emotions</p> <p>Mindfulness activities - https://earlyyears.bucksc.gov.uk/media/47274/2006-03-jh-mindfulness-3-to-5s.pdf</p>
Physical Development	<p>Perhaps you could try your hand at some target practise. You could throw a small ball at a target. You can also use water guns or an empty washing up bottle to spray at a target.</p>	<p>Can you dribble a football? (remember to keep it very close.) Try with your fingertips and your feet. Can you make an obstacle course? Encourage your child to take the ball around the obstacles weaving in and out. They could have obstacles to go over/under/through. Maybe this could be extended by challenging the rest of the family! (See maths below)</p>	<p>Encourage your child to try to peel their own satsumas or even peel an orange and then separate the segments (remember to put the peel in the bin) - can they count the segments?</p>
Communication and Language	<p>Can you play Traffic Lights? Before you start remind the children of the instructions being the same as traffic lights - Red - stop Amber/orange - walk Green - run Flat tyre - hop It's raining - use your arms as windscreen wipers</p> <p>The adult calls an instruction and the children need to listen carefully to follow them.</p>	<p>Perhaps you could listen to Eric Carle's story of "The Very Quiet Cricket" here: https://www.youtube.com/watch?v=YdiGEjz5b0Q</p> <p>In the story the cricket wants to communicate but it takes a little while for him to find his voice. Talk to the children about using their words when they need or want something.</p>	<p>Look at the children's books that you share together. Ask them which they like and dislike. Listen to their ideas. Perhaps they would like to make a book with photographs of themselves or their family? This could be a book of your time during lockdown. Please can you write captions for the photographs, use your child's own words.</p> <p>As adults you are their role models, they want to be just like you! This activity is a good opportunity to demonstrate good listening skills!</p>




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<p>Literacy</p>	<p>Look at the children's books that you share together. Ask them to choose their favourite book. Why is this their favourite? As you reread the book point out the front and back cover. Identify the author, maybe this person has written other books your child enjoys. As you read highlight that you begin at the top of the page and are reading from left to right by pointing to each word as you say it.</p> <p>Perhaps they might like to draw a picture of their favourite part of the story.</p>	<p>Listen carefully as you sound out these words: pin, sat, tap, net. How many letter sounds are in each word? Try counting on your fingers E.g. 'c-a-t, 1-2-3'.</p> <p>To play Simon Says but break the words into phonemes e.g. Simon says touch your l-e-g Simon says touch your h-i-p Simon says touch your h-ea-d Simon says touch your t-oe</p>	<p>With a grown-up, play a listening game about a visit to a farm. 'I went to the farm and I saw ...' – instead of saying the animal name, split the <u>word</u> up into its 3 letter sounds. The other person has to identify the animal by blending the sounds together. For example: 'I went to the farm and I saw had a 'c-a-t.' – 'It's a cat!' Try for the words, cat, dog, pig, cow, hen.</p>
<p>Mathematics</p>	<p>Talk to your child about position in races - first, second and third. Maybe they could time each family member as they complete the obstacle course. They could have a go at making medals using a circular piece of card or the top of a take-away cup and attach ribbon/string and then writing numbers on them.</p>	<p>Listen to the story of "Rooster's Off to See the World" by Eric Carle https://www.youtube.com/watch?v=jOh1Mqbr8YE</p> <p>This is counting book, could your child try counting forwards and backwards? Can you count objects into numbered sets? You could extend this by looking at how many there are if you add one more or take one away? Write large numbers for the children to trace with their finger, cover with coins, buttons etc.</p>	<p>Wash your hands! We know that we should wash our hands for 20 seconds with lots of soapy water. But how long is 20 seconds? Show the children a stopwatch or a phone so that they see how long 20 seconds actually is. Talk about the passing of time.</p>
<p>Understanding of the World</p>	<p>Talk about the different animals that Rooster met on his adventure. Why did they go home instead of continuing on the journey? What do</p>	<p>There were fireflies in one of Eric Carle's stories. What other creatures have wings and can fly? - bees, flies etc. Go on a safari, the aim is to find as many birds, bugs, and other animals as you can. How do</p>	<p>If you have a range of toy creatures can you sort them into groups? Which would you find in the sea, which on a farm? Are some of them jungle animals?</p>

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	<p>animals need to be happy and healthy? What do we need to be happy and healthy?</p>	<p>these creatures move? Do they walk, crawl, swim, or fly? Where do the children think they live? What do they need to stay healthy and happy?</p>	<p>How many animals do you have in each group? Which group has the most? Which the least?</p>
<p>Expressive Arts and Design</p>	<p>Perhaps you could create a create from objects you find outside.</p> 	<p>Perhaps the children might enjoy making their own musical instruments. You could try making:</p> <p>Shakers - use a yoghurt pot or similar and add beans or rice and then put material or foil over the top.</p> <p>Guitar - use an empty tissue box and put elastic bands around to pluck.</p> <p>A rain stick - put a length of holly inside and beans then put material or foil over the ends.</p>	<p>Can you sing your favourite songs as you play your instrument? Perhaps you could create your own song. Or sing along with Mr Tumble.</p> <p>https://www.youtube.com/watch?v=HsJI-oJ7TJO</p>